

Optum EAP – Now Emotional Wellbeing Solutions!

Improving the employee experience and engagement in benefits

- In order to better represent the **full range of services and support** available to you and to improve your experience, we're changing our name to **Emotional Wellbeing Solutions**.
- You will continue to receive the same great benefits you have through the Optum Employee Assistance Program today.
- You will be introduced to Emotional Wellbeing Solutions **on 1/1/24** via updates to our digital portal and call center greeting.
- You will continue to see references to the employee assistance program (EAP) alongside Emotional Wellbeing Solutions to ensure a smooth transition.



Telephonic support

Greeting: Thank you for calling Optum Emotional Wellbeing Solutions, also known as Employee Assistance Program.

(866) 248-4098



Digital experience



Emotional Wellbeing Solutions, a flexible employee assistance program

Get support for everyday life

www.liveandworkwell.com



Member engagement materials

