




The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. **NOTE: Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately. This is only a summary.** For more information about your coverage, or to get a copy of the complete terms of coverage, www.liveandworkwell.com or by calling 1-866-248-4098. For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other underlined terms, see the Glossary. You can view the Glossary at <https://www.healthcare.gov/sbc-glossary/> or call 1-800-248-4098 to request a copy.

| Important Questions | Answers | Why This Matters: |
|---|---|--|
| What is the overall deductible ? | \$0 | See the Common Medical Events chart below for your costs for services this plan covers. |
| Are there services covered before you meet your deductible ? | N/A | Not applicable |
| Are there other deductibles for specific services? | No | You don't have to meet deductibles for specific services. |
| What is the out-of-pocket limit for this plan ? | N/A | This plan does not have an out-of-pocket limit on expenses. |
| What is not included in the out-of-pocket limit ? | N/A | This plan does not have an out-of-pocket limit on your expenses. |
| Will you pay less if you use a network provider ? | Yes. For a list of providers see www.liveandworkwell.com or call 1-866-248-4098 providers. | This plan covers only in-network providers . If you use an in-network health care provider , this plan will pay some of all the costs of covered services as described on the following chart. |
| Do you need a referral to see a specialist ? | N/A | Not applicable |

 All [copayment](#) and [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

| Common Medical Event | Services You May Need | What You Will Pay | | Limitations, Exceptions, & Other Important Information |
|---|--|--|--|--|
| | | Network Provider (You will pay the least) | Out-of-Network Provider (You will pay the most) | |
| If you visit a health care provider's office or clinic | Primary care visit to treat an injury or illness | No coverage | No coverage | This plan doesn't provide any coverage for this type of service. |
| | Specialist visit | No coverage | No coverage | This plan doesn't provide any coverage for this type of service. |
| | Preventive care/screening/immunization | No coverage | No coverage | This plan doesn't provide any coverage for this type of service. |
| If you have a test | Diagnostic test (x-ray, blood work) | No coverage | No coverage | This plan doesn't provide any coverage for this type of service. |
| | Imaging (CT/PET scans, MRIs) | No coverage | No coverage | This plan doesn't provide any coverage for this type of service. |
| If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.healthcomp.com | Generic drugs | No coverage | No coverage | This plan doesn't provide any coverage for this type of service. |
| | Preferred brand drugs | No coverage | No coverage | This plan doesn't provide any coverage for this type of service. |
| | Non-preferred brand drugs | No coverage | No coverage | This plan doesn't provide any coverage for this type of service. |
| | Specialty drugs | No coverage | No coverage | This plan doesn't provide any coverage for this type of service. |
| If you have outpatient surgery | Facility fee (e.g., ambulatory surgery center) | No coverage | No coverage | This plan doesn't provide any coverage for this type of service. |
| | Physician/surgeon fees | No coverage | No coverage | This plan doesn't provide any coverage for this type of service. |
| If you need immediate medical attention | Emergency room care | No coverage | No coverage | This plan doesn't provide any coverage for this type of service. |
| | Emergency medical transportation | No coverage | No coverage | This plan doesn't provide any coverage for this type of service. |
| | Urgent care | No coverage | No coverage | This plan doesn't provide any coverage for this type of service. |
| If you have a hospital stay | Facility fee (e.g., hospital room) | No coverage | No coverage | This plan doesn't provide any coverage for this type of service. |

| Common Medical Event | Services You May Need | What You Will Pay | | Limitations, Exceptions, & Other Important Information |
|--|---|--|--|--|
| | | Network Provider (You will pay the least) | Out-of-Network Provider (You will pay the most) | |
| If you have a hospital stay | Physician/surgeon fees | No coverage | No coverage | This plan doesn't provide any coverage for this type of service. |
| If you need mental health, behavioral health, or substance abuse services | Outpatient services | No charge | No coverage | This plan covers up to 6 sessions per year. |
| | Inpatient services | No coverage | No coverage | This plan doesn't provide any coverage for this type of service. |
| If you are pregnant | Office visits | No coverage | No coverage | This plan doesn't provide any coverage for this type of service. |
| | Childbirth/delivery professional services | No coverage | No coverage | This plan doesn't provide any coverage for this type of service. |
| | Childbirth/delivery facility services | No coverage | No coverage | This plan doesn't provide any coverage for this type of service. |
| If you need help recovering or have other special health needs | Home health care | No coverage | No coverage | This plan doesn't provide any coverage for this type of service. |
| | Rehabilitation services | No coverage | No coverage | This plan doesn't provide any coverage for this type of service. |
| | Habilitation services | No coverage | No coverage | This plan doesn't provide any coverage for this type of service. |
| | Skilled nursing care | No coverage | No coverage | This plan doesn't provide any coverage for this type of service. |
| | Durable medical equipment | No coverage | No coverage | This plan doesn't provide any coverage for this type of service. |
| | Hospice services | No coverage | No coverage | This plan doesn't provide any coverage for this type of service. |
| If your child needs dental or eye care | Children's eye exam | No coverage | No coverage | This plan doesn't provide any coverage for this type of service. |
| | Children's glasses | No coverage | No coverage | This plan doesn't provide any coverage for this type of service. |
| | Children's dental check-up | No coverage | No coverage | This plan doesn't provide any coverage for this type of service. |

Excluded Services & Other Covered Services:

Services Your [Plan](#) Generally Does NOT Cover (Check your policy or [plan](#) document for more information and a list of any other [excluded services](#).)

- Acupuncture
- Bariatric Surgery
- Chiropractic Care
- Cosmetic Surgery
- Dentals Care (Adult)
- Hearing Aids
- Infertility Treatment
- Long-term Care
- Non-emergency care when traveling outside the U.S.
- Private-duty Nursing
- Routine Eye Care (Adult)
- Routine Foot Care
- Weight Loss Program

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your [plan](#) document.)

- None

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: contact the plan at 1-866-248-4098. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other coverage options may be available to you, too, including buying individual insurance coverage through the [Health Insurance Marketplace](#). For more information about the [Marketplace](#), visit www.HealthCare.gov or call 1-800-318- 2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information on how to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact:

Optum Appeals Department
P.O. Box 30512
Salt Lake City, UT 94130-0512

You may also contact Optum at 866-248-4098.

www.liveandworkwell.com

Does this plan provide Minimum Essential Coverage? No

[Minimum Essential Coverage](#) generally includes [plans](#), [health insurance](#) available through the [Marketplace](#) or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of [Minimum Essential Coverage](#), you may not be eligible for the [premium tax credit](#).

Does this plan meet the Minimum Value Standards? No

If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

Language Access Services:

[Spanish (Español): Para obtener asistencia en Español, llame al 1-866-248-4098

To see examples of how this [plan](#) might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost-sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

- The [plan's](#) overall [deductible](#) \$0
- [Specialist copayment](#) \$0
- Hospital (facility) [coinsurance](#) 0%
- Other [coinsurance](#) 0%

This EXAMPLE event includes services like:

[Specialist](#) office visits (*prenatal care*)
 Childbirth/Delivery Professional Services
 Childbirth/Delivery Facility Services
[Diagnostic tests](#) (*ultrasounds and blood work*)
[Specialist](#) visit (*anesthesia*)

| | |
|---------------------------|-----------------|
| Total Example Cost | \$12,700 |
|---------------------------|-----------------|

In this example, Peg would pay:

| Cost Sharing | |
|-----------------------------------|------------|
| Deductibles | \$0 |
| Copayments | \$0 |
| Coinsurance | \$0 |
| What isn't covered | |
| Limits or exclusions | \$0 |
| The total Peg would pay is | \$0 |

Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

- The [plan's](#) overall [deductible](#) \$0
- [Specialist copayment](#) \$0
- Hospital (facility) [coinsurance](#) 0%
- Other [coinsurance](#) 0%

This EXAMPLE event includes services like:

[Primary care physician](#) office visits (*including disease education*)
[Diagnostic tests](#) (*blood work*)
[Prescription drugs](#)
[Durable medical equipment](#) (*glucose meter*)

| | |
|---------------------------|----------------|
| Total Example Cost | \$5,600 |
|---------------------------|----------------|

In this example, Joe would pay:

| Cost Sharing | |
|-----------------------------------|------------|
| Deductibles | \$0 |
| Copayments | \$0 |
| Coinsurance | \$0 |
| What isn't covered | |
| Limits or exclusions | \$0 |
| The total Joe would pay is | \$0 |

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

- The [plan's](#) overall [deductible](#) \$0
- [Specialist copayment](#) \$0
- Hospital (facility) [coinsurance](#) 0%
- Other [coinsurance](#) 0%

This EXAMPLE event includes services like:

[Emergency room care](#) (*including medical supplies*)
[Diagnostic test](#) (*x-ray*)
[Durable medical equipment](#) (*crutches*)
[Rehabilitation services](#) (*physical therapy*)

| | |
|---------------------------|----------------|
| Total Example Cost | \$2,800 |
|---------------------------|----------------|

In this example, Mia would pay:

| Cost Sharing | |
|-----------------------------------|------------|
| Deductibles | \$0 |
| Copayments | \$0 |
| Coinsurance | \$0 |
| What isn't covered | |
| Limits or exclusions | \$0 |
| The total Mia would pay is | \$0 |

The [plan](#) would be responsible for the other costs of these EXAMPLE covered services.